



Standard Recreational Mount- ALL MUSIC 2017-2018 Scoring Ranges



The following are the point values for the skill sets performed by **MOST** (75% of the team for JUMPS, STUNTS, PYRAMIDS) and **MAJORITY** (51% of the team for TUMBLING). Skills performed by less than **MOST** (JUMPS, STUNTS, PYRAMIDS) and **MAJORITY** (TUMBLING) will enable the score to be moved into a lower range. Additional skills performed but do not meet the MOST or MAJORITY range may be considered a score **DRIVER** at the discretion of the judge(s).

| Stunt Difficulty (most 75%) | Pyramid Difficulty (most 75%) | Tumbling Difficulty (majority 51%) |
|--|---|--|
| 3.0-3.7 | 3.0-3.7 | 3.0-3.7 |
| Extension One Leg Variations Prep Level | Pyramids involving Extended Two Leg Stunts Pyramids involving Extended One Leg Stunts | Round-off BHS Round-off BHS Series Standing BHS |
| 3.7-4.3 | 3.7-4.3 | 3.7-4.3 |
| Extended One Leg Stunts Required Dismount: Single Twist from Two Leg Stunts | Pyramids involving Extended One Leg Stunts with Multiple Transitional Sequences, at least one of which is a Release Pyramid Transition and Multiple Extended Structures | Round-off Tucks Round-off BHS Back Tucks Standing BHS Series Jump/BHS Combinations |
| 4.4-5.0 | 4.4-5.0 | 4.4-5.0 |
| Elite Skills- Full up to Extension, Release moves that land in an Extended Position, Tick tocks, and/or other Unique Mounts and Transitions of similar difficulty level Single Twist from One Leg Stunts Extended Stunt Sequence performed by a Single Base, Unassisted Difficulty MAX SCORE - 5.0 Execution MAX SCORE - 5.0 | Pyramids involving Extended One Leg Stunts with Multiple Transitional Sequences, at least one of which is a Braced Flip Transition/Arm Braced Tick Tock and Multiple Extended Structures Difficulty MAX SCORE - 5.0 Execution MAX SCORE - 5.0 | Aerials, Punch Fronts ,Layouts, Pikes, Whips, Arabians, Fulls, Combination Passes Standing Back Tucks Standing BHS Back Tucks Jump/Tuck Combination Difficulty MAX SCORE - 5.0 Execution MAX SCORE - 5.0 |

NOTE: ALL School Teams must follow the NFHS Safety Rules 2017-2018.

****TOSSES** are not required, but may be rewarded in the "Pyramid" category.

JUMP DIFFICULTY: (3.0 - 5.0)

- 3.0 – Single jumps
- 3.5 – Double jump combinations no variety
- 4.0 – Double jump combinations with variety
- 4.5 – Triple jump combinations OR double jump combinations and a single jump, with no variety
- 5.0 – Triple jump combinations OR double jump combinations and a single jump, must include variety

JUMP EXECUTION: (3.0 - 5.0)

TIMING:

- Stunt/Pyramid Synchronization and Timing (3.0-5.0)
- Tumbling Synchronization and Timing (3.0-5.0)
- Jumps/Dance Synchronization and Timing (3.0-5.0)

TUMBLING:

- Standing Tumbling Difficulty (3.0 - 5.0)
- Standing Tumbling Execution (3.0 - 5.0)
- Running Tumbling Difficulty (3.0 - 5.0)
- Running Tumbling Execution (3.0 - 5.0)

DANCE:

- Difficulty (3.0 - 5.0)
- Execution (3.0 - 5.0)

OVERALL COMPONENTS:

- REPRESENTATION- Image, appearance as one unit, performance integrity, sportsmanship, lack of arrogance (3.0 - 5.0)
- ROUTINE COMPOSITION/FLOW-Choreography, creativity, innovation, variety, seamless, transitions, fluidity (3.0 - 5.0)
- SHOWMANSHIP/PRESENTATION- Enthusiasm, excitement, energy, confidence, eye contact (3.0 - 5.0)
- PERFECTION- Overall perfection, lack of errors, polished/well-rehearsed look (3.0 - 5.0)
- OVERALL IMPRESSION- Age appropriate, appealing, engaging, perception (3.0 - 5.0)

SCORE TOTAL: 100 PTS

Jump Combination = Jumps connected with continuous movement. Variety= two or more different jumps
BHS = Back Handspring